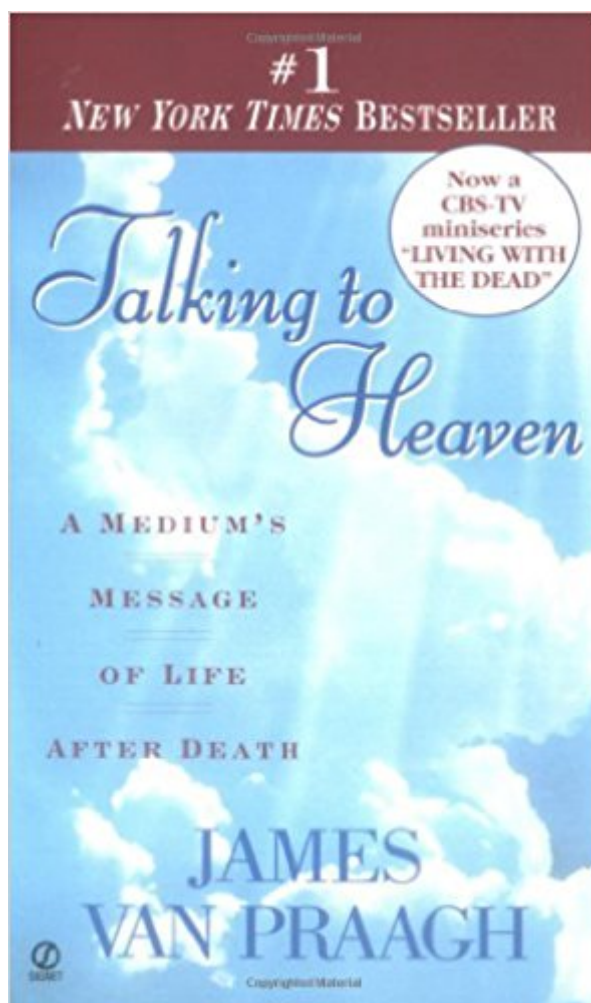


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Talking To Heaven: A Medium's Message Of Life After Death



Synopsis

James Van Praagh is a spiritual medium--someone who is able to bridge the physical and spiritual worlds. Unaware of his spiritual gifts until he was in his twenties, he slowly came to terms with his unique abilities. In addition, many of his sessions with grieving people who came to him looking to contact the spirits of deceased loved ones are explored. From a devastated mother receiving a message of hope from her deceased little girl to communicating with a young man, killed in Vietnam, who doesn't realize he's dead, the theme of hope and peace in the afterlife is affirmed. Van Praagh also helps the reader recognize and positively deal with the pain of grief in a healthy, honest manner. Part spiritual memoir, part case study, part instrumental guide, *Talking to Heaven* will change the way you perceive death...and life.

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Customer Reviews

For years I have dabbled back and forth as to whether thier is "Life after death" or if we die and are held "sleeping" till the day comes for us all to wake as it states in the bible. Then my daughter passed away unexpectedly and I searched for answers to this mystery in my mind. I wanted so badly for her to be out there...for me to talk to, to know she was alright and unafraid. *TALKING TO HEAVEN* has helped me to heal a little of the questions as well as make me feel more comfortable about my daughters demise. I doubt I will ever stop missing this precious child of mine, a woman...but at least I feel that when i softly speak to her, she listens. This book will help anyone with questions, grief or turmoil they are unsure about in thier lives. Katlyn Stewart Author of *Nightmares*

I am very aware that many people will believe this message and many will not. I want to take this review to a place that makes sense for most people. It doesn't matter if you believe James Van Praagh is talking to people in Heaven or not. To me, his take on Spiritual themes are very accurate. For me, a good guide to quality spiritual books is to look for those who promote love and not fear. If a book is filled with fear, this is not one that will promote peace and truth. I find his message filled with unconditioned awareness that is the essence of soul. In Mr. Praagh's words, I hear a strong sense of humble gratitude for his gift and not arrogance that would lead me to think he is false. I highly recommend this book to anyone searching for a sense of meaning and hope beyond this life. This book is not written to be a practical caregiving book. This book relates more to the spiritual side of people searching for comfort and healing. -- Samuel Oliver, author of, WHAT THE DYING TEACH US: LESSONS ON LIVING.

The jacket on this best-seller reads: "...a book that will forever change the way you look at death-and life." Not a believer in the occult or mediums, I must confess Author Van Praagh changed my views. A medium is described as a sort of middleman able to interpret thoughts, feelings and sights from spiritual to physical life, according to Van Praagh. Author Van Praagh presents many interesting, unique ideas about life after death along with a do-it-yourself program for communicating with the spirit world. Discussions about this shadowy area of life never seem completely satisfying because there is no hard evidence those who have gone before exist in spirit form. The idea that print (and broadcast) dignify any subject, comes into play here. One cannot help but be reminded that anybody can publish anything, particularly something we would all like to believe. On the other hand, what Mr. Van Praagh has to say is intriguingly plausible never forgetting he did a stint as a writer for Paramount. Is there life after death? Yes. We possess a spiritual body identical to our physical body which, during the transition of death, is released from our physical body. This spiritual body is disease-free, eternal, and can move from one person to another through thought. Here on earth, we live in a three-dimensional world of energy which moves slowly. Spirits, on the other hand, are made up of molecules traveling at a much higher rate of speed, therefore freer, less dense and able to move anywhere through thought. A medium (Mr. Van Praagh) is able to go between the physical and spiritual worlds, pick up the faster vibrations of spirits, and interpret messages from them to this world. Several chapters relate three-way conversations by the author with his client, and the individual spirit contacted. The stories illustrate various typical problems

brought about by the passing of a loved one ranging from a violent accident, drowning, murder, AIDS, to suicide and death by capital punishment. Particularly interesting are his thoughts about suicide and capital punishment. Suicide, does not solve individual problems (they continue to exist in spirit). Capital punishment; it is wrong to take the life of another. Capital punishment continues the propagation of violence. Loss; we all experience loss of many things in our lives but must use this experience to make ourselves healthier and to lead a more full life. This discussion is followed with a listing six steps one can take to overcome a sense of loss and move forward to a more satisfying, rewarding existence. The concluding chapter delves into the area of making contact with the spirit world along with the thoughts and disciplines necessary to accomplish this feat. The author emphasizes that it is not a game; it takes enormous discipline, time and patience along with a sincere, deep desire to develop an ability as a spiritual go-between. Critical is meditation, described as a focus of consciousness from one state of being to another, or turning off the outside world to become more aware of our inside world. In meditation, we utilize cosmic energies that illuminate and energize the various well-defined spirit centers of the body. There may be something in what James Van Praagh has to say.

I have read James van Praagh's book Talking to Heaven. It is so comforting to read about someone who has passed over and know that they are with you always. When my mother passed away it was needless to say devastating and I felt such an emptiness and excruciating pain inside myself. It caused me to question my life. What is it all about? What's the point? Why am I here? The people we love the most leave us. I felt stranded. When I read the book so many questions were answered for me without me asking. It was so relieving! I now have a peace within and more of an open mind. I am not afraid to die anymore, because we really don't die we just change form and continue to learn. The greatest feeling is knowing we can still connect with our loved one. Life as we know it is not a dead end! Life does continue. We can learn so much if we stay open and listen to what their trying to convey to us. I have had too many experiences now with life beyond to know that what James writes is true. I look forward in meeting him one day soon. I have the upmost respect for him and only wish I could help people the way he has. That has been a heart's desire for me for years. Thank you for easing my pain James. I have such a humbled overwhelming confidence now. Tina Marie Gassert

Are you very intuitive? Do you have a sense of inner guidance propelling you to the wiser decisions you make in facing the challenges in your life? Then this book may be for you. In "Talking to

Heaven", James Van Praagh says, "This is not a game. It is not my intention to teach you some tricks so you can amuse others with your psychic abilities. The development of your intuition must be taken seriously and with respect". He shares at length understanding the physical and spiritual laws that enhance ones connection to God and to spirit guides. He uses his special gift, as a medium. to bridge the gap between the physical and spiritual worlds to help others. His book is filled with true stories of comfort for those who have lost loved ones, and of bringing back powerful messages from the other side. Whether you believe what he says or not, his message will give most people peace of mind.

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